

MEETING MINUTES

North Dakota Mental Health and Substance Abuse Planning Council Quarterly Meeting November 6, 2015

Members Present: Jodi Stittsworth, Carl Young, Deb Johnson, Lisa Peterson, Siobhan Deppa, Teresa Larsen, Debbie Baier, Darrin Albert, Jennifer Henderson, Rosalie Etherington, Tim Wicks

Staff Members Present: Lauren Sauer, Becky Bailey, Stacie Dailey, Mark Doerner, Pam Sagness

Introductions: Members introduced themselves.

Approval of the Minutes: Siobhan Deppa moved to approve the minutes. Teresa Larsen seconded. Motion carried.

Additions to the Agenda: None

Public Comment: None

Election of Officers: Tabled to future meeting to allow for Council restructuring to take place prior to a change in leadership.

Review/Approval of Applications for Membership: Tabled to January 2016 meeting to allow for Council restructuring to take place prior to committing to new members.

Calendar for Upcoming Year: Tabled to future meeting to allow for Council restructuring and further discussion on Council's needs.

Council Restructuring: Pam Sagness facilitated discussion concerning restructuring the Planning Council. Discussion included:

- **Council Name Change:** The national movement is away from "mental health and substance abuse" and towards "behavioral health." Rosalie Etherington moved to change the Council name to Behavioral Health Planning Council. Tim Wicks seconded. Motion carried. Name change recommendation will be forwarded to the Governor's Office for consideration.
- **Membership:** The Council reviewed the membership list. There are mandatory positions (principle state agencies for mental health, education, vocational rehabilitation, criminal justice, housing, social services, Medicaid, 51% or more consumers and family members, adult members (consumers) who receive mental health services, family members of children with emotional disturbances). Need to be thoughtful about what the Council represents, looks at best practices, and what partners should be represented. There needs to be clarification on what "state employee" actually means.

The Council needs to consider how best to involve the following:

- Health
- Criminal Justice
- Education – including Special Education
- Prevention
- Children and Family Services
- Courts/Judges, law enforcement, etc.
- Civil commitment
- Governor's Office
- Suicide Prevention
- Legislators (have been members in the past)
- ND CARES

The Council discussed the need to clarify roles/titles of positions (who is considered a state employee): in particular, the Indian Affairs Commission and Protection and Advocacy.

- Mission/Purpose/Vision of the Council: The Council discussed what should be included in a mission/vision statement including:
 - Best practice/effective practice
 - Focus on the full behavioral health system
 - Make sure to be client and family focused
 - Timely service
 - Comprehensive
 - Access
 - Community inclusion
 - Produce outcome
- A subcommittee was formed to work on draft statements and membership composition. This subcommittee will include Pam Sagness, Lisa Peterson, Carlotta McCleary, Robyn Throlson, Carl Young

SUD Subcommittee: It was questioned if the SUD Leadership Group can be a subcommittee of the Planning Council. The subcommittee will consider this.

Interim Human Services Committee: Pam Sagness provided an update on the August and November interim committee meetings.

Behavioral Health Stakeholders Summit: Scheduled for November 17th in Fargo. Will be addressing children and adult mental health issues. Will also look at SUD services.

Olmstead Activities: The Council will be receiving regular updates on activities regarding the Olmstead Commission and how the Council can interact with the group.

Brain Injury Services: Will be discussing a needs assessment in the future.

Partnership for Success: Will receive \$9 million over the next five years.

Assertive Community Treatment Presentation: Darrin Albert and Rosalie Etherington provided an overview of Assertive Community Treatment.

Consumer and Family Network Report: Reviewing and strengthening bylaws. CFN Council attended mental health first aid training. Partnered with P&A on presentation on mental health care advanced directives at Behavioral Health Conference. Several attended Alternatives Conference. Next meeting of the network will be November 16.

Recovery Center Update: No update.

First Episode Psychosis: 5% of the mental health block grant needs to be spent on programs to work with individuals experiencing the first episode psychosis.

Mental Health Waiver: CMS approved technical assistance for a 1915i amendment versus a 1915c. A subcommittee was formed to attend the technical assistance. Members will be Carl Young, Kim Osandchuk, Carlotta McCleary, Teresa Larsen, Pam Sagness, Siobhan Deppa, Lisa Peterson. Stacie Dailey will forward information to the subcommittee as she receives it.

Other Business: None.

Agenda for the December Meeting:

- Introductions:
- Approval of the Minutes
- Additions to the Agenda:
- Public Comment:
- Report from Subcommittee on Mission/Vision/Membership
- Harley Engleman – The North Dakota State Provisional Hiring Program (10:30am)
- Further work on Council Restructuring
- Election of Officers
- Needs Assessment
- Update on SAMHSA site visit reports
- Murphy Bill
- Consumer and Family Network Report:
- Other Business:
- Adjourn

Adjourn: Meeting adjourned at 2:55pm on 11-6-15.